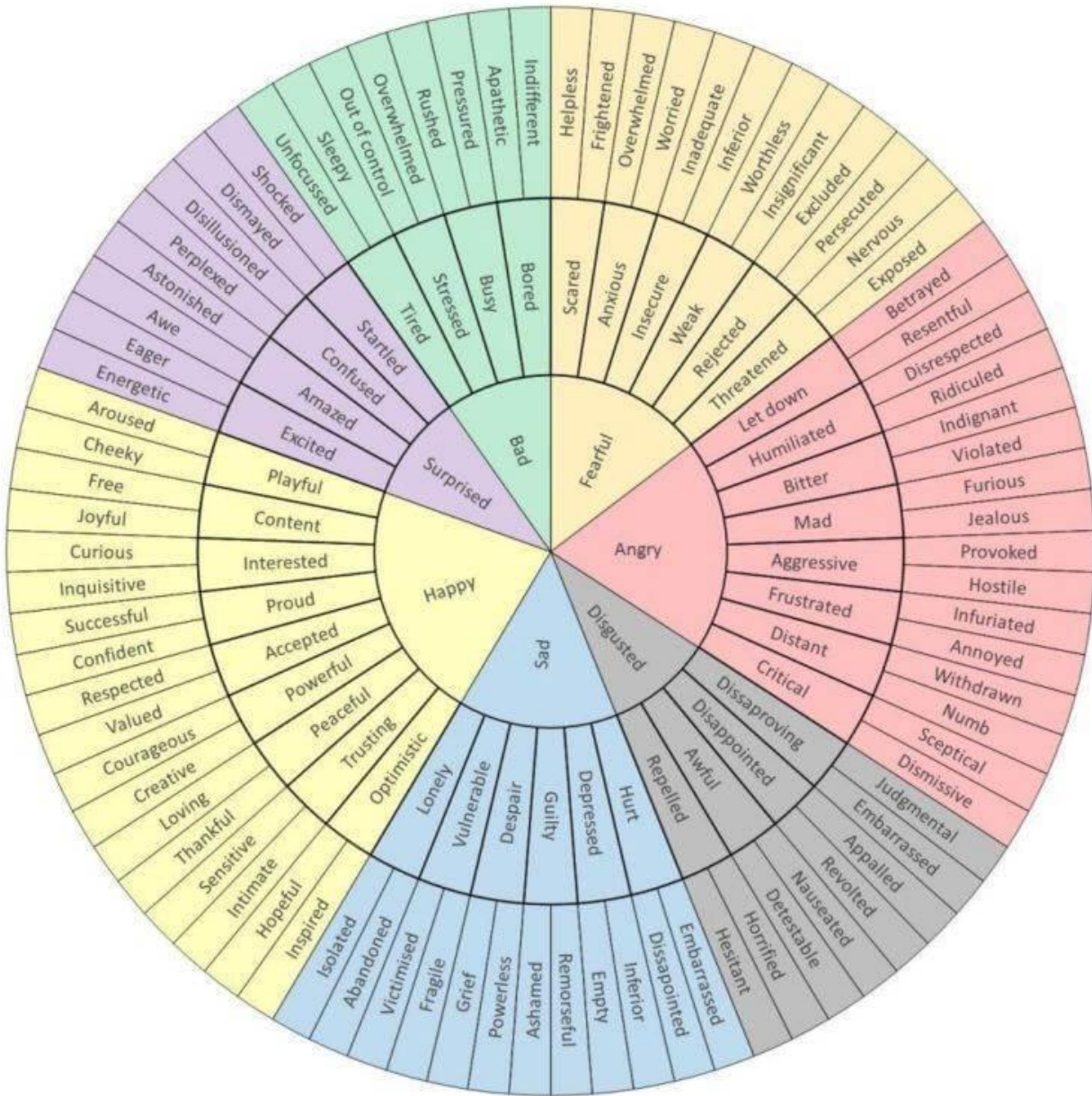


Name Your Emotions and Feelings!



There are numerous versions of this Feelings Wheel online. This one comes from Calm Sage website, which is filled with helpful information. (<https://www.calmsage.com/understanding-the-emotion-wheel/>)